

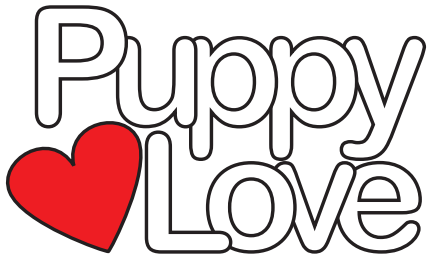
The Saher Herald

February 13, 2009

Spangdahlem Air Base, Germany

www.spangdahlem.af.mil

Vol. 3, Issue 6



Puppies learn to mind manners, burn energy in training class

by Staff Sgt. Tammie Moore
52nd Fighter Wing Public Affairs

When a new member is welcomed into a family, there is a period of adjustment where everyone assesses their roles and responsibilities – especially when the addition is a rambunctious, energetic, barking puppy.

The Spangdahlem Air Base Pet Spa offers families support through the challenging puppy adoption process and an avenue to learn how to deal with their new shoe-eating bundles of joy.

“Everyone has questions; even experienced dog owners can have problems and need a little advice,” Anna Taylor, Pet Spa dog obedience trainer, said. “It is important for a puppy to start socializing with others when they are young, and learning a few basic obedience commands can help the puppy adjust to his new role in his new family.”

The Pet Spa Puppy Kindergarten training class is for dogs less than 6 months old. It focuses on basic obedience commands like “sit,” “stay” and “lay down.”

“I also hope to teach owners how to deal with the new member of their family, from potty training advice to how to curb bad habits young,” Mrs. Taylor, a Penn Foster Career School certified trainer, said.

The class takes place on Mondays, with sessions typically from



U.S. Air Force photo/Staff Sgt. Tammie Moore

Swarley sits patiently waiting for his owner, Senior Airman Nick Gurerrero, 52nd Logistics Readiness Squadron, to release him from the “stay” command. Swarley is enrolled in the Pet Spa’s Puppy Kindergarten class.

Don’t give up on resolution to get fit

by Airman Staci Miller
52nd Fighter Wing Public Affairs

February is halfway over and some may already be discouraged about their lofty New Year’s fitness resolutions. The Health and Wellness Center is here to help. The first Tuesday of every month, it hosts Jump Start, an informative seminar focused on improving nutrition and exercise habits.

The voluntary class is open to retirees, civilians, active-duty military members and their dependents. The one-hour class is cut into two segments, with the first half focused on exercise and the second half focused on nutrition.

Jessica Griffith, an exercise physiologist and class instructor, believes the class can be a great motivator.

“The program is designed to give people a jump start in fitness and health, hopefully motivating them to start a lifestyle change,” Mrs. Griffith said.

Students are reminded that moderation is the key, and also of the importance of a food record – a log kept of each meal, to include portion size, Staff Sgt. Cordney Morehead, 52nd Force Support Squadron diet technician and class instructor, said..

“People who keep a food record typically lose more than those who

See **PUPPIES**, Page 13

See **HAWC**, Page 5

52nd Fighter Wing Responsible Drinking Scoreboard

Last DUI: Jan. 18 – 726 AMS
Last ARO: Feb. 7 – 726 AMS

Last DUI
27 days ago

Last week’s accidents:
Major vehicle accidents: 5
Minor vehicle accidents: 11



Learning how to save lives

... see Page 3



Monkeying around in Kintzheim, France

... see Page 11



Weekend weather



Feb. 14 Snowy

High 1 C / 34 F
Low -4 C / 25 F

Feb. 15 Snowy

High 2 C / 36 F
Low -11 C / 12 F



NAME Senior Airman
William Butler

UNIT 726th Air Mobility
Squadron, Spangdahlem Air
Force Base

DUTY TITLE Air
transportation journeyman

HOMETOWN Enid, Okla.

TIME IN SERVICE 4 ½
years

WHY JOINED Family
tradition

FAMILY Wife, Allison, and
daughter, Emma

HOBBIES Participating in all
sports

**FAVORITE ASPECT OF
JOB** The people that I meet
and work with

**MOST MEMORABLE AIR
FORCE EXPERIENCE**
Being part of the Honor Guard
for two years at Dover Air
Force Base

C O M M E N T A R Y

Flexibility key for deployments

by Staff Sgt. Stacia Zachary
96th Air Base Wing Public Affairs

EGLIN AIR FORCE BASE, Fla. (AFNS) – Deployments have become synonymous with putting on the uniform. As combat-ready Airmen, our training must always be up-to-date, bags ready, and our personal affairs need backup plans. We must deploy prepared and focused on the mission at hand.

Whether leaving the country or not, every Airman experiences the burden of a deployment. Some take on the extra burden of the workload when a person deploys while others trade in their home life for an extended stay in places not typically found on any list of vacation “hot spots.” Whatever the situation is, Airmen need to be ready to step up and do their part.

When I was notified in September that I would be deploying just before Christmas, I was devastated. This would be the second Christmas in three years I would miss with my family.

I went into reaction mode and began making lists, updating my will and getting new powers-of-attorney. I needed to know my children would be taken care of and my husband had the authority to handle any issue without delay. I began my training, accomplishing computer-based training and going through local and Advanced Combat Skills Training, requirements necessary to be combat ready.

During my last few days of ACST, six weeks before report date, the rug was ripped out from under me. A new line remark was added to my deployment tasking: my report date was moved to March. To top it off, a new requirement forced Airmen to complete their deployment training within 90 days of leaving.

I came back frustrated and angry. Now even more time would be taken away from my family. It took my husband reminding me that I wear the uniform, and part of the commitment of the uniform is flexibility.

This rationale allowed me to calm my nerves, refocus my thoughts and accept this challenge. I realized I had an opportunity to be even more prepared for a deployment full of unknowns.

By all accounts, this deployment will be easier. Although I will be gone for a longer period of time, I won't be leaving a 5-month-old with my parents because my husband is deployed as well. This time I have peace of mind. I already know that should anything happen to me, my husband will comfort my children. I already

know the bond between mother and child cannot be broken, only tested.

One month before I come home, my husband deploys and my father will be raising my children. That's where my Air Force family comes in and my need to control the situation is calmed a little. I know they will be there not because some Air Force instruction says so, but because they care.

In the month I have left at home, I'll do whatever I can to ensure my children know why I'm leaving and that I will come home. For my daughter who is turning 3, I have books from the Child Development Center that explain to her where I am. I made a pillowcase with our picture on it and a “Who Loves You” book. It won't help the emptiness I feel while I'm gone, but I know all her milestones will be recorded on her “My Special Moments” calendar.

My teenage stepson is easier because he understands this is part of my life as a servicemember. By the same token, I need to ensure his world remains as normal as possible. Plans still need to be made so his education doesn't suffer, he still gets to play golf and football, and he is enrolled into a summer program. In many ways, I'm trying to predict the future and account for it appropriately so my family doesn't need to sacrifice any more than necessary.

I also need to make plans to help my husband take on the responsibilities that are inherently mine. When I leave, he will be mom, dad, maid and financier and I must make that transition as seamless as possible. My husband will need a support system so he can have breaks, and I will make sure he has options. I've recruited my neighbors, lined up babysitters and begged friends to help out. Although my husband is my very own Superman, he can't do it all and hopefully my village of people will help raise my children while I am gone.

As for work, I have a responsibility to ensure continuity is maintained. I need to make sure all my duties and responsibilities are transferred. It's also my responsibility to ensure my Airmen will be well taken care of.

Preparation is key. These little twists and turns have forced me to look at potential problems and have helped me create contingency plans. While I still feel the anguish of leaving my family, my mind is focused. As a Warrior Airman, it is my obligation to make certain aspects of my personal and professional life are squared away. After all, life has to go on even if I'm not here.

~~The Saber Herald~~

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Col. Tip Wight

Accessing Direct Line

The Direct Line program is a way to get answers to questions you still have after using your chain of command.

Direct Lines of general interest will be published in The Saber Herald and may be edited or paraphrased for brevity or clarity. Submit your Direct Line via:

- DirectLine@spangdahlem.af.mil
- Mail to 52nd FW/PA, Unit 3680 Box 220, APO AE 09126
- To Public Affairs in building 23
- Concerns may also be sent via fax to 452-5254

Anonymous inputs are accepted. To receive a personal response, you must include your name and phone number. Call The Saber Herald at 452-5244 for more information.

Firefighters heat up training exercises

by Airman 1st Class Kenny Holston
435th Air Base Wing Public Affairs

RAMSTEIN AIR BASE, Germany – Sounds of twisting metal and shattering glass rang out as firefighters from around U.S. Air Forces in Europe trained to hone their craft before returning to their respective duty stations.

USAFE firefighters gathered at Ramstein for an intense 15-day training course, where firefighters were pushed to use an array of tools and acquired new skills before heading back to their units to apply this new knowledge.

“We must push these young firefighters to the limit,” Staff Sgt. Bobbie Burnside, 86th Construction and Training Squadron rescue confined space instructor, said. “Each student here is being given the tools necessary to be able to be a part of their elite rescue squad at their home bases.”

Course instructors set up the training grounds by using heavy equipment to stack mangled cars, creating a realistic mass accident site. Most of the cars had simulated victims inside, putting students in several different types of situations where they had to decide and execute the best way to rescue each victim.

“We want the training site to

feel real for the students,” Sergeant Burnside said. “The more realistic the training site, the more proficient students are likely to be when put in a real world situation. So we have gone out of our way to get the equipment and tools to make that happen.”

Like any training course, the curriculum was chock-full of information firefighters would learn, and then apply upon course completion.

“We’re having the students retain a lot of information in a short amount of time,” Sergeant Burnside said. “This particular course consists of auto extraction, high-angle rescue, confined space rescue and repelling. Each of these tasks is critical when being a part of a rescue unit.”

As technology continues to advance, the tools and heavy equipment firefighters use, such as the Jaws of Life, are constantly changing.

“We realize equipment changes all the time,” Staff Sgt. Christopher Stevens, 86th CTS RCS instructor, said. “So, this is a great opportunity for the students to familiarize themselves with the new equipment our training course offers, giving them a jump on it before receiving such equipment at their home units.”

Students were challenged to learn



U.S. Air Force photo/Airman 1st Class Kenny Holston



U.S. Air Force photo/Airman 1st Class Kenny Holston

Tech. Sgt Tim Smith, an 835th Civil Engineer Squadron firefighter, uses new heavy equipment during a U.S. Air Forces in Europe firefighter training exercise, Jan. 28, at Ramstein Air Base.

Airman 1st Class Joe McCarty, a 52nd Civil Engineer Squadron firefighter from Spangdahlem Air Base, prepares to use new heavy equipment during a U.S. Air Forces in Europe firefighter training exercise, Jan. 28, at Ramstein Air Base. Firefighters participated in a two-week accident response training course.

how to use the new, cutting-edge equipment and the correct time and situation in which to apply the new tools.

“For a lot of us, this course has really helped us get back to the basics,” Tech. Sergeant Tim Smith, 835th Civil Engineer Squadron firefighter, said. “This is great proficiency training. It’s great for us to get hands-on with the new equipment that’s come out and apply it to a situation.”

Students from several duty stations, all varying in age and rank, worked together, helping them learn from each other and exercise teamwork.

Students were put into groups for evaluation at the end of each section. Instructors watched each team to see how students worked together and how well each task was performed.

“Teamwork is a lot of what we do,” Staff Sgt. Jeff Wyatt, 86th CTS RCS instructor, said. “We must be able to rely on the man or woman next to us when an alert situation transpires.”

“One of the greatest benefits from this course is getting to work with everyone from around USAFE,” Sergeant Smith said. “It really enforces one team, one fight.”

Corrections Feb. 6 edition

• In the Feb. 6 issue of the Saber Herald, Capt. Bonifacio Baca Jr., Company Grade Officer of the Quarter, was incorrectly named as a member of the 726th Air Mobility Squadron in the “Saber Salute.” Captain Baca is a member of the 606th Air Control Squadron.

• Also in the Feb. 6 issue of the Saber Herald, Carolyn Dawson, Volunteer of the Quarter, was incorrectly named as a member of the 606th Air Combat Squadron in the “Saber Salute.” Mrs. Dawson is a member of the 606th Air Control Squadron’s spouses club.



**1st Sergeant
tip of
the week**

PULLOVER SWEATERS The Pullover sweater may be worn indoors or outdoors. Sabers will wear the metallic nametag on the wearer’s right side. The tie/tab is optional, and the sleeves may not be worn pushed up. For more information about this tip, refer to AFI 36-2903 Figure 2.9.



U.S. Air Force photo/Senior Airman Nadine Y. Barclay
Staff Sgt. Justin Ashworth, 52nd Aircraft Maintenance Squadron, taxis out the pilot of an F-16CJ Fighting Falcon while in support of the U.S. Air Force Weapons School at Nellis AFB, Nev., Jan. 29.



U.S. Air Force photo/Senior Airman Nadine Y. Barclay
Captain Joseph White, 22nd Fighter Squadron, prepares for a flight in an F-16CJ while in support of the U.S. Air Force Weapons School at Nellis AFB, Nev., Jan. 29. The school is responsible for teaching graduate-level instructor courses that provide the world's most advanced training in weapons and tactics employment to officers of the combat air forces.

**Sabers head out of the Eifel to
to participate in Red Flag 09-2
at Nellis Air Force Base, Nev.**



U.S. Air Force photo/Senior Airman Larry E. Reid Jr.
Senior Airman Teferi Gebretsadik, an electrical and environmental journeyman, 22nd Aircraft Maintenance Unit, screws together a panel on an F-16 Fighting Falcon during Red Flag 09-2 at Nellis AFB, Nev., Jan. 30.



U.S. Air Force photo/Senior Airman Nadine Y. Barclay
Airman 1st Class Hector Andrew, 52nd Aircraft Maintenance Squadron, patiently awaits the pilot of an F-16CJ Fighting Falcon to complete all pre-flight checks during a routine exercise while in support of the U.S. Air Force Weapons School at Nellis AFB, Nev., Jan. 29.

HAWC, from Page 1

don't," he said. "The biggest reason you should lose weight is for yourself."

Tech. Sgt. Michael Lopez, a class participant, said he felt the class was useful even for those who already feel they're living a healthy lifestyle.

Sandy Ryan, another class participant, said the class served as a welcomed reminder.

"When you aren't living it, you sometimes need it brought to your attention to get on track. The class really brought to focus some things that I already knew," she said.



U.S. Air Force photo/Airman Staci Miller

Jessica Griffith, exercise physiologist and class instructor, explains to Tech. Sgt. Michael Lopez, 52nd Aircraft Maintenance Squadron, and Sandy Ryan, spouse of Louis Ryan, 52nd Operations Support Squadron, how to calculate the appropriate heart rate range crucial to improving cardiovascular fitness as part of the Jump Start class, Feb. 3.

Don't dread filing taxes this year

by Melissa Barlow
Spangdahlem Tax Center director

W-2's have been released on MyPay, and with that comes the hustle and bustle of tax preparation at the Spangdahlem Air Base tax center. The tax center opened its doors Jan. 26 to all ID card holders in the Eifel community.

Taxpayers can now schedule appointments or take advantage of the walk-in hours, which are offered twice weekly.

With a new filing year comes some changes that taxpayers need to be aware of. The most obvious pertains to the Economic Stimulus payments that were given last year. These payments were an advance on the Recovery Rebate Credit, which was a new credit introduced for tax year 2008.

If an individual received the Economic Stimulus payment last year, the Recovery Rebate Credit will not be given on the tax return.

However, if an individual did not receive a payment last year, or did not receive the full amount that they were entitled to, the credit will be given on this year's return.

Another significant change will be of interest to homeowners. During previous tax years, if homeowners did not have enough mortgage interest and real estate taxes to itemize their deduction, they had to use the standard deduction.

This year, homeowners will be allowed to use the standard deduction, but also claim real estate taxes in addition to the standard deduction.

Filing a tax return at the tax center is a free service offered to all ID card holders. While some private companies offer tax preparation services off-base for a substantial fee, the base tax center can handle almost any tax situation, no matter how complicated.

Furthermore, volunteers at the Tax Center are specially trained by the Internal Revenue Service in an intensive week-long class. Returns are electronically filed and refunds are direct deposited in less than 14 days.

Walk-in hours at the tax center are from 9 a.m. to noon Tuesdays and Thursdays.

Come prepared with 2008 W-2s, interest statements, daycare receipts and direct deposit information.

To schedule an appointment, call 452-1040.



Courtesy photo



*Promotions, assignments
and achievements*

Staff Sgt. Donny R. Barton

470th Air Base Squadron,
Geilenkirchen Nato Air
Base, Germany
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Support Squadron**

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in Europe Outstanding
Security Forces Unit

**Senior Airman Kristian
M. Fugrad**

701st Munitions Support
Squadron, Kleine Brogel
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Functional Quarterly
Award – Technician

**Senior Master Sgt.
Stacey R. Tuckwell**


52nd Operations Support
Squadron
Airfield Management Senior
Noncommissioned
Officer of the Year

Mrs. Keyra Elmo


52nd Fighter Wing Joan Orr
Spouse of the Year Award

**Tech. Sgt. Antony W.
Billing**

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Award – Supervisor



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Chapel News

Spangdahlem Chapel
Protestant Sunday worship services
 • Traditional Service – 10:30 a.m. Sundays
 • Gospel Service – noon Sundays
 • Evangelical Service – 5 p.m. Sundays
Catholic Mass
 • 9 a.m. Sundays
 • 5 p.m. Saturdays
 • Daily Mass – 11:45 a.m. Mondays, Wednesdays and Fridays

Bitburg Chapel
Catholic Mass
 • Noon Sundays
 • Daily Mass – 11:45 a.m. Tuesdays
Islamic services
 • For information call the lay leader at 452-6711
Jewish services
 • For information call Rabbi Bram at Ramstein Air Base at 480-5570

Lenten activities on Spangdahlem
 • Mardi Gras pancake social – 5 p.m. Feb. 24
 • Ash Wednesday Mass – 11:45 a.m. Feb. 25
 • Protestant Service – 6:30 p.m. Feb. 25

Lenten activities on Bitburg
 • Ash Wednesday Mass – 6 p.m. Feb. 25

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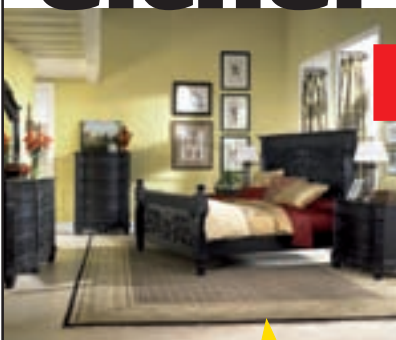
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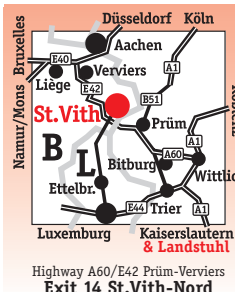


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Sports & rec

5k run/walk

A Valentine's Day 5k will take place at noon and 4 p.m. Feb. 14 along Perimeter Road. The event is open to all ages and dogs. There is no time limit.

Eifel Lanes

- Airmen's Night is 6 p.m. - close on Mondays. Senior airmen and below bowl two free games.
- Men's Night is 6 p.m. - close on Tuesdays. Men bowl for \$1 a game with a Papa Joes combo-meal receipt from that day.
- Ladies' Night is 6 p.m. - close on Thursdays. Ladies bowl for \$1 a game with a Papa Joes combo-meal receipt from that day.
- A daytime special runs 8 a.m. - 4 p.m. Mondays - Fridays. Bowl up to three free games with a Papa Joes combo-meal receipt from that day.

For more information, call 452-6217.

Spangdahlem fitness classes

- Ab class/boot camp - 11:30 a.m. Tuesdays and Thursdays
- Abs only class - 4:30 p.m. Tuesdays - Thursdays
- Circuit training - 3 p.m. Mondays and Wednesdays
- Equipment orientation - 10 a.m. Fridays
- Indoor cycling - 6 a.m. Mondays and Wednesdays; 4 p.m. Mondays - Thursdays; 5:30 p.m. Tuesdays
- Sports conditioning - 11:30 a.m. Mondays, 5 p.m. Mondays and Wednesdays
- Pilates - 10 a.m. Tuesdays and Thursdays
- Sculpting - 11:30 a.m. Wednesdays
- Step Interval - 9 a.m. Mondays and Wednesdays
- Yoga - 10 a.m. Mondays and Wednesdays; 6:30 p.m. Tuesdays - Thursdays; a single session is \$5

Bitburg fitness classes

- Sculpting - 9 a.m. Tuesdays and Thursdays
- Yoga - 10 a.m. Thursdays

Swim team

The Eifel Sharks swim team is sponsoring swim lessons. Participants must be at least 5 years old and currently enrolled in school. Sign-ups are 5 p.m. Feb. 17 in the Kühl Beanz Conference Room. For more information, e-mail eifel_sharks@yahoo.com or visit www.eifelsharks.com.

Volunteers needed

Youth Sports needs volunteer coaches for the upcoming indoor soccer and baseball/softball seasons. For more information, e-mail Majorie Egger at majorie.egger@spangdahlem.af.mil or call 452-7545.

Spangdahlem Sabers Youth Wrestling Team needs volunteers to assist with the Youth Programs/Youth Sports Wrestling Tournament March 7. To volunteer, e-mail Tech. Sgt. Robert Flores at robert.flores@spangdahlem.af.mil.

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Community happenings

Airmen Against Drunk Driving

To volunteer or ask for a ride home, call AADD at 06565-61-2233.

Alcoholics Anonymous Meetings

AA meetings are at 7:30 p.m. Fridays on Spangdahlem Air Base in building 136 on the first floor. For more information about AA in the Eifel area, call 0152-0391-3593.

Armed Forces Network Survey

Go to www.afneurope.net to take the AFN customer satisfaction survey. Everyone who completes the survey, which provides valuable feedback about AFN radio and television programming, will have the opportunity to enter to win a three-night vacation package to Edelweiss Lodge and Resort in Garmisch, Germany.

Auto Hobby Shop

The Auto Hobby Shop is open for self help 10 a.m. - 7 p.m. Monday - Friday, 9 a.m. - 5 p.m. Saturdays and 10 a.m. - 4 p.m. Sundays. Regular hours of operation: Monday - Friday, 8 a.m. - 4:30 p.m. for mechanical service. Located in building 189. Call 452-6842 for more information.

Before- and after-school programs

The School Age Program specializes in supervised activities before and after school for kindergarteners to sixth graders. This program includes breakfast and an afternoon snack. Extended hours are available in the event of weather delays, school holidays and early release days. The School Age Program turns into a full-day summer camp from June to August each year.

Children's playgroups

The Spangdahlem Children's Playgroup, open to infants through pre-schoolers, meets 10 a.m. - noon Tuesdays in building 409A. The Bitburg Children's Playgroup, open to infants through pre-schoolers, meets 10 a.m. - noon Thursdays at the Community Center Playhouse and Family Room in building 1212.

Community Center/Brick House

- Black History Month movies play noon - 6 p.m. Feb. 18 and 25
- USAFE Project Cheer Rock Band tournament at 6 p.m. Feb. 13, 20 and 27
- Pool shark tournament at 6 p.m. Feb. 19 - \$10 entrance fee
- Harry Potter Convention noon - 6 p.m. Feb. 28 with movies, games, costume contest and prizes

For details about Community Center/Brick House events, call 452-6727.

Computer training classes

The Airman & Family Readiness Center's Spouse Online Computer Knowledge and Skills program supports military spouses by helping them develop computer skills and enhance career opportunities. There are more than 250 classes to choose from at multiple levels, from beginner to advanced, including Microsoft Word, Excel and Access, digital photography and Web site development. If you are interested in signing up, stop by the local A&FRC.

Customer satisfaction survey

The Department of Defense Education Activity announces its 2008 Customer Satisfaction Survey. DoDEA is currently holding the survey through Feb. 28. The CSS provides valuable feedback to DoDEA about the quality of education it provides and areas needing improvement. The survey will take approximately 20 minutes to complete and is available online. Visit www.dodea.edu and click on the CSS link.

Family child care providers

Family child care provides high-quality care for children of government employees within a safe environment.

All homes are inspected regularly, are insured and meet the Department of Defense requirements for quality childcare. For information about FCC providers or becoming an FCC provider, call 452-9022, 06565-61-9022 or 01607-08-4352.

Give Parents a Break

This program is offered 6:30 - 11:30 p.m. one Friday evening each month. The location alternates each month between the Spangdahlem or Bitburg Child Development Center. The Give Parents a Break program is designed to allow over-stressed parents to take some time for themselves without kids. Certificates for GPAB Care can be picked up through the sponsor's first sergeant, Airman & Family Readiness Center or the CDC director.

Nurses Commissioning Program

The Nurses Commissioning Program offers active-duty enlisted personnel an opportunity to earn a bachelor's degree in a high-need academic major. The Nurse Corps hopes to select 40 students for the upcoming fall and spring semesters. To be considered by the board, contact the education office to review NECP guidelines, academic requirements and application procedures. For more information, call Holly Idems at 452-6063.

Pinewood derby and clinic

Base Cub and Girl Scout troops are hosting a Powder Puff Pinewood derby and clinic. Clinics are 10 a.m. - 1 p.m. Feb. 28 and March 7. The derby is March 21. Cost is \$10 for those who need a car and \$5 for those who have one already. To make a reservation, e-mail Jaymee Chrostowski at enj@tsk-net.com or call 065-759-02746.

Recruiter Assistance

Active-duty Airmen from the St. Louis area who would like to come home for an additional 12 days on non-chargeable leave through the recruiter assistance program should visit www.rs.af.mil. For more information, e-mail Tech. Sgt. Charles Roy charles.roy@rs.af.mil.

Scholarships

The Spangdahlem Officers' and Civilians' Spouses Club will be awarding a total of \$6,000 for its annual Spouses Scholarship Program. Any officer, enlisted or civilian spouses are encouraged to apply, including geographically separated units. The deadline for completed applications is March 20. Applications can be downloaded at spangdahlemocsc.org or can be picked up at the Spangdahlem or Bitburg libraries, the Airman & Family Readiness Center or the education center on Spangdahlem. Scholarships will be awarded in May 2009. E-mail scholarships@spangdahlemocsc.org with questions.

Sergeant's Association Meetings

Air Force Sergeant's Association meetings are at 11:30 a.m. on the third Tuesday of every month at the Brickhouse. For more information, contact Tech. Sgt. Tammy Roth at 754-8420.

Veterinary Clinic

The Spangdahlem Veterinary Treatment Facility clinic will be open on Feb. 16 in order to provide extra services to the Spangdahlem community, and will be closed on Feb. 20 for a unit training event.

Volunteers needed

Volunteer judges, score-checkers and timekeepers are needed to assist with the Odyssey of the Mind Tournament for the Kaiserslautern District. Judge orientation is 4 - 6 p.m. Feb. 20 and the tournament is 9 a.m. - 2 p.m. Feb. 21. For more information, e-mail Katie.George@eu.dodea.edu.

Editor's note: Submit sports and recreation announcements and community advertisements 10 days before the desired publication date to editor@saberherald.com. Call the 52nd Fighter Wing Public Affairs Office Internal Information Section at 452-5244 for more information.

Happy Valentine's Day

We received a lot of poems from Saber Herald readers, inspired by love and kissed by Cupid. The winning poem was written by Andrea Beasley. She and her valentine will enjoy a relaxing spa treatment sponsored by the Beauty Source in Speicher.

Many ways to say
I LOVE YOU:

Bambara	M'bi fe
Belarusian	Ya tabe kahayu
Danish	Jeg Elsker Dig
Dutch	Ik hou van jou
Filipino	Mahal kita
French	Je t'aime
German	Ich liebe dich
Hawaiian	Aloha wau ia oi

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his name is Cupid: the
god of love.



One True Love

A kiss of your lips, the brush of your hand
makes me feel like a teen all over again.

Your soft dimpled smile, the shine in your eyes
still makes my heart melt deep down inside.

The years have flown by like the hourglass sand
though it still feels like yesterday that we first began.

Life has thrown us some curves, our road has had a few bends
still we've stood hand in hand
knowing that our love would see us through to the end.

It hasn't always been easy, this much is true,
but I can't imagine my life with anyone except you.

Though its been several years since our love first began,
each time that I look into your eyes, I fall for you all over again.

Each night as I pray, I thank heaven above
for sending me you: my husband, my friend,
my one true love.

Andrea Beasley, wife of
Staff Sgt. Jimmy Beasley
(52 CMS)

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someone who knows the song in
your heart and can sing it back to
you when you have forgotten the
words.

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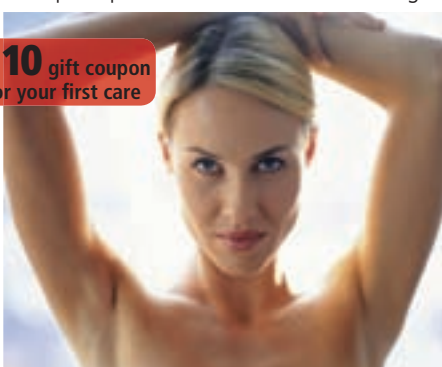
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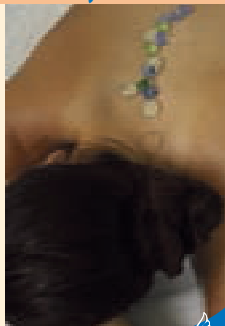
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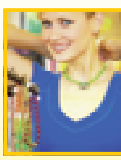


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Now Showing



Spangdahlem Skyline	Role Models	Bitburg Castle
<p>Friday, Feb. 13 7 p.m. Paul Blart: Mall Cop (PG) 10 p.m. Role Models (R)</p> <p>Saturday, Feb. 14 7 p.m. Paul Blart: Mall Cop (PG) 10 p.m. The Day the Earth Stood Still (PG-13)</p>	<p>Role Models</p>  <p>Danny and Wheeler are two salesmen who trash a company truck on an energy-drink-fueled bender. Upon their arrest, the court gives them a choice: do hard time or spend 150 hours with a mentorship program. After one day with the kids, however, jail doesn't look half bad. Once the center's ex-con director gives them an ultimatum, Danny and Wheeler are forced to tailor their brand of immature wisdom to their charges, Augie and Ronnie. And if they can just make it through probation without getting thrown in jail, the world's worst role models will prove that, sometimes, it takes a village idiot to raise a child.</p> <p><i>Featuring: Seann William Scott, Paul Rudd, Christopher Mintz-Plasse</i></p>	<p>Bitburg Castle</p> <p>Friday, Feb. 13 7 p.m. Australia (PG-13)</p> <p>Saturday, Feb. 14 7 p.m. The Boy in the Striped Pajamas (PG-13)</p> <p>Sunday, Feb. 8 4 p.m. Bride Wars (PG)</p>

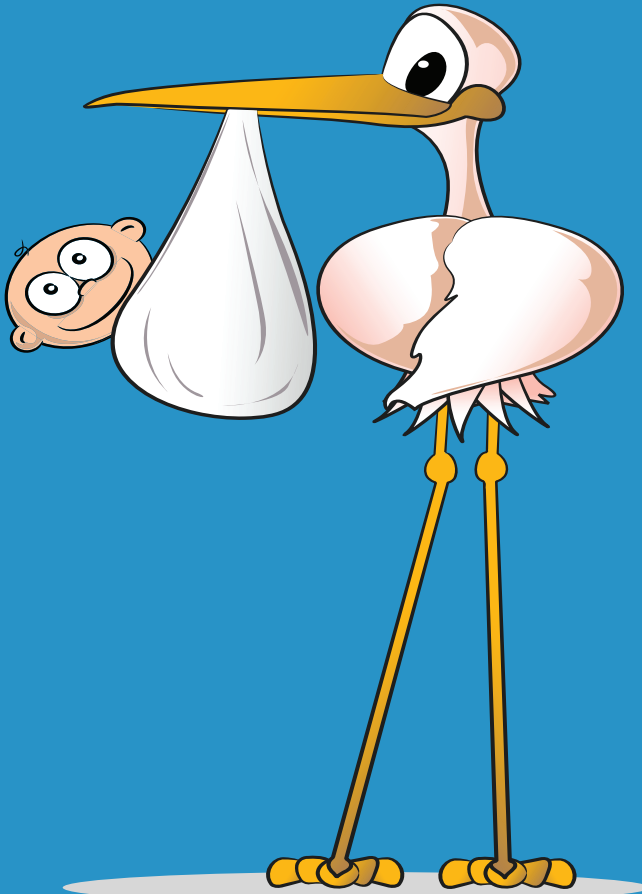


Introducing Spangdahlem's newest resident



Addisen Josephine Rae Meyer

Born at 12:54 p.m. on Nov. 14 at the Marienhausklinik in Bitburg, Addisen weighed 6 pounds 14 ounces and was 19.3 inches long. She was born to Staff Sgt. Mark and Fanny Meyer. The family is stationed at Spangdahlem Air Base.



Courtesy Art

Send your birth announcement to the **Saber Herald**. Include your baby's name, time and date of birth, hospital name, weight and length, parents' first and last names, and the place where your family is stationed, along with a JPEG photo. Send information to editor@saberherald.com.



Kintzheim

by Tristan Beaty
Reader submission

A short drive away into the country of France is a little town with many family activities. The town of Kintzheim, in the Alsace region of France, is small and quaint, with a multitude of attractions, restaurants and vineyards to appeal to a variety of visitors. On our trip to Kintzheim, my family and I visited two of the main family-fun places near the town – Monkey's Mountain and Eagle's Castle.

Monkey's Mountain, or "La Montagne des Singes," is a wildlife park that is home to approximately 300 Barbary Macaques. These friendly primates wander around freely through the park, interacting with each other and visitors. There are no fences, but the rule is that you do not handle the monkeys. At the gate, you are given a handful of popcorn, which you can feed to the Macaques. They like this so much that they will take it right

out of your hand. Children seem to be fascinated by every aspect of this park and its inhabitants, and it provides a wonderful educational opportunity for both young and old.

Children must be at least 5 years old to enter the park. If you do plan to take little ones, La Montagne des Singes is stroller-friendly. The park is easily accessible and offers free parking. There is also a self-serve cafeteria and a restroom. However, these tend to be very busy. We recommend eating in Kintzheim, as the food was spectacular.

The Eagle's Castle, or "La Volerie des Aigles," is located in the old chateau above Kintzheim and puts on several shows a day. There is something to see during every minute of the show. Large birds of prey fly in and swoop, sometimes just inches over the visitors' heads, in a fantastic spectacle that will delight people of all ages. Toward the end of the show they allow guests to sit

in the gravel in a large circle and a large Andean Condor will walk over their legs. The birds are also available for viewing as they sit on their perches before and after the show, and are very well trained.

Each show lasts an hour, and seating is limited and fills up quickly after the previous show has ended. Arrive early and try to find a seat as close to the center as possible. The show is narrated in French, but a program is handed out at the gate, which explains, in English, about the show and the birds. It is strongly recommended not to bring pets to this show. The parking is free, but there is a small entrance fee for the castle.

Eagle's Castle and Monkey's Mountain are just five minutes apart – you pass Eagle's Castle as you drive up to Monkey's Mountain. Both sites can easily be visited in one day.

If you can plan a visit to this town, we highly recommend it. There are many more attractions if you arrive early or plan on staying late, such as the Stork and Leisure Park or Haut-Koenigsbourg Castle. Bring plenty of Euro and comfortable walking shoes.

For a family-friendly day trip, Kintzheim is well worth the drive to France.

If you want more info ...

Kintzheim

www.tourisme-alsace.com/en

Monkey's Mountain

www.montagnedessinges.com/anglais

Eagle Mountain

www.voleriedesaigles.com/gb



Photos by Tristan Beaty

Tech. Sgt. Bradley Beaty, Ramstein Air Base firefighter, feeds a Barbary Macaque at Monkey's Mountain wildlife park in Kintzheim, located in the Alsace region of France.

PUPPIES, from Page 1



U.S. Air Force photo/Staff Sgt. Tammie Moore

Senior Airman Edward Abney, 23rd Aircraft Maintenance Unit, gives his dog Mojo a treat for laying down on command. The Pet Spa Puppy Kindergarten training class is for dogs under 6 months old. To sign up for the class, call 452-9362 or e-mail eifeltraining@yahoo.com.

6:30 - 7:30 p.m. if the puppies concentrate and pick up the lessons quickly. If the puppies are distracted and need extra play time, the class can last until 8 p.m.

Mrs. Taylor believes dog training should be a family activity, so children who don't pose a distraction are welcome in the class.

"It is important for everyone in the family to be involved in training the new puppy," she said. "Puppies respond best to people who work with them the most, and training is a good bonding experience. I also encourage those with children to

get them involved in training at home."

The puppies can be a challenge to keep on track at times, however, Mrs. Taylor enjoys discovering what method of learning each puppy responds to best.

"The most rewarding part for me is when the owners are shocked at how well their puppy is doing," Mrs. Taylor said. "I love to see owners when their puppy finally gets a trick that they have been working on and struggling with – they are more excited than the puppies are about getting a treat."

Staff Sgt. Christina Johnson, 52nd Medical Operations Squadron mental health technician, enrolled her puppy Mojo to get help teaching him basic commands.

"He is a lot calmer now and he listens better," she said. "I think the class is awesome because she does such a good job getting the puppies to focus."

Mrs. Taylor hopes the puppies' owners will take away the knowledge and skills they need to continue training with their pets when the class ends.

"I don't expect the puppies to be completely trained in only one hour of class for six weeks," she said. "Pet parents need to work with their puppies at home daily."

Senior Airman Nick Guerrero, 52nd Logistics Readiness Squadron air transportation specialist, enrolled his puppy Swarley into the class based on the recommendation of former students.

"It is good to see how he interacts with the other puppies and for him to socialize," he said.

After graduating from the class, students are invited to attend Yappy Hour, a dog playgroup, Wednesday evenings to help the puppies continue their socialization skills.

"It is important for dogs to start socializing as young as possible because the older the dog gets, the harder it is to socialize them," Mrs. Taylor said. "Socializing (is basically) introducing your puppy to new people, places, things and dogs. The more

things that are introduced to puppies the better so [the puppies] will have fewer things to be scared of when they are older. Once a dog is scared of something, it is hard to reverse the fear. It is much easier to show puppies that there is nothing to be afraid of in the first place."

The next Puppy Kindergarten class begins Feb. 23. To sign up a puppy for the \$30 class, call 452-9362 or e-mail eifeltraining@yahoo.com.

Editors note: training classes for adult dogs are also offered at the Pet Spa. The next dog obedience class begins Feb. 24. The cost of the six-week course is \$60.



U.S. Air Force photo/Staff Sgt. Tammie Moore

Trevor Dolduc, son of Staff Sgt. Christina Johnson, 52nd Medical Operations Squadron, pets his dog Mojo after the dog properly follows a command. Mojo is in the Puppy Kindergarten class.

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Accidents report

Last week there were 11 minor accidents:

- 3 – speeding
- 1 – improper backing
- 4 – inattentive driving
- 1 – wildlife
- 1 – other at fault
- 1 – failure to yield

Last week there were five major accidents:

Date: Feb. 2

Location: A-1, outside of Trier

Operator: Technical sergeant, 52nd Aircraft Maintenance Squadron

Damage to vehicle: Disabling damage

Injuries: Bruised shoulder

Reason: Speed too fast for road conditions

Date: Feb. 2

Location: B-50, near Dudeldorf exit

Operator: Airman, 52nd Civil Engineer Squadron

Damage to vehicle: Disabling damage

Injuries: None

Reason: Speed too fast for road conditions

Date: Feb. 6

Location: L-46 adjacent to A-2/ Spangdahlem

Operator: Airman 1st class, 52nd Medical Support Squadron

Damage: Major damage to axle and frame, minor damage to front bumper

Injuries: Pain in the right shoulder

Reason: Speed too fast for road conditions

Date: Feb. 6

Location: Luxembourg, exit 5

Operator: Dependent, colonel, 52nd Mission Support Group

Damage: Crushed front end and left side front panel, scratches down entire right side, deployed airbags

Injuries: None

Reason: Inattentive driving

Date: Feb. 6

Location: A-81/A-831 exit, near Stuttgart

Operator: Staff sergeant, 52nd Equipment Maintenance Squadron

Damage: Disabling damage

Injuries: None

Reason: Speed too fast for road conditions



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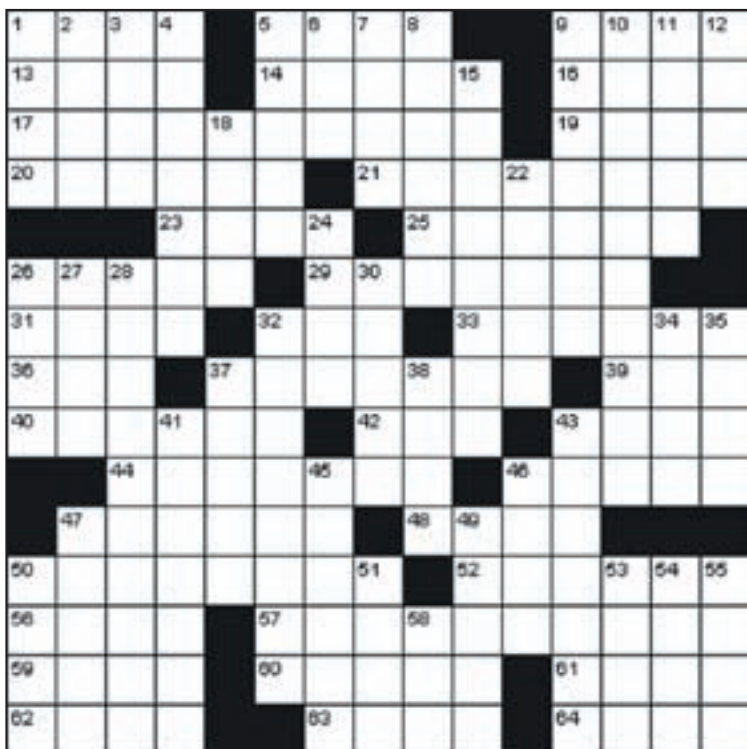
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Puzzle courtesy of <http://thinks.com/>

Across

- 1 Have on
- 5 Spherical bodies
- 9 Florentine river
- 13 Handel contemporary
- 14 Country singer Bonnie
- 16 Dire destiny
- 17 Beatle with the beat
- 19 Speechless
- 20 Sham
- 21 Gateway Arch designer

Down

- 23 German film director Riefenstahl
- 25 Norwegian inlets
- 26 Boyfriends
- 29 Kind of diver
- 31 Art medium
- 32 Skirt part
- 33 Where Belgrade is
- 36 Prefix with athlete
- 37 Lives
- 39 Anomalous
- 40 Listened to

- 42 Legal thing
- 43 Christmas
- 44 Salad style
- 46 Devoured
- 47 Hooked claws
- 48 Sunrise
- 50 Devil worship
- 52 Become fond of
- 56 Newspaper notice
- 57 Unique
- 59 Seagoing ice
- 60 Greek sorceress
- 61 Right-angled extensions
- 62 Care for
- 63 "Carpe ____"
- 64 Biological bristle

- 28 Estrangement
- 30 Islamic chiefs
- 32 Devotion to pleasure
- 34 Aimless
- 35 Yemen port
- 37 Military mission, briefly
- 38 Feat
- 41 Expanded
- 43 New Englanders
- 45 Gave out
- 46 Actor McGregor
- 47 Dining-room furniture
- 49 Elite squad
- 50 Gentle
- 51 Skirt style
- 53 Author ____ Stanley Gardner
- 54 Pinball problem
- 55 Greek peak
- 58 "Gosh!"

Feb. 6 solution

